THE DAWN
FACT SHEET
SERVICES

WHAT WE DO

Our Clinical Philosophy

It is evidenced that individuals use substances, develop mental disorders or other maladaptive coping mechanisms as a result of trauma and/or adverse life experiences. At The Dawn, we therefore address our clients' presenting and underlying issues by employing a trauma-informed, person-centred approach.

Treatment Approach	Trauma-Informed Care	✓
	Person-Centred Treatment Plan	✓
Clinical Treatment Modalities	Cognitive Behavioural Therapy (CBT)	✓
	Dialectical Behaviour Therapy (DBT)	✓
	Motivational Interviewing	✓
	Solution Focused Therapy	✓
	Mindfulness	✓
	EMDR	✓
	Internal Family Systems and Play Therapy	✓
Treatment Programmes	Medical Detox	✓
	Substance Abuse Disorder Treatment	✓
	Behavioural Addiction Treatment	✓
	Dual-diagnosis	✓
	Depression, Mood & Anxiety Treatment	✓
	Executive Burnout Treatment	✓
	Trauma Treatment	✓
	TMS	✓
Treatment Roadmap	Typical length of first stage programme (Phase 1) - Stabilisation	**2 weeks**
	Typical length of second stage programme (Phase 2) - Treatment	**10 weeks**
	Typical length of third stage programme (Phase 3) - Transition	**up to 4 weeks**
Services	Individual Therapy	✓
	Group Therapy	✓
	Psychoeducation	✓
	Medication management and first level medical care services	✓
	Telehealth	✓
	Holistic activities	✓
	Wellness activities	✓
	Family Programme (if permitted)	✓
	Aftercare Support	✓

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Our Team	Qualified therapists	✓
	Medical team (Registered nurses under supervision of psychiatrists)	✓
	Client support team	✓
	Psychiatrists	✓
	Nutritionists	✓
	Holistic and Wellness practitioners	✓
Who we Treat	Age range	**18+**
	Gender	**All**
	Couples	✓
	Pregnant women	**case by case**
	Children	○
Facilities	Location	**Chiangmai, Thailand**
	Operating hours	**24 hours a day, 365 days a year**
	Dedicated detox unit	✓
	Wheelchair access	○
	Language available : English	✓
	Study room with a computer	✓
	Facilities to worship	○
	Level of catering	**Full**
	Special dietary requirements	✓
	Pets	○
Accommodation	Single ensuite rooms	✓
	Shared rooms	○
	Bedrooms with full disabled access:	○
Packages	Standard Signature Programme (single room)	✓
	Intensive Bespoke Programme(single room)	✓
	Step Down Programme	✓
	Online Therapy (for discharged clients)	✓
Accreditation, Registration	Commission on Accreditation of Rehabilitation Facilities (CARF)	✓
	Ministry of Public Health of Thailand	✓

CONTACT INFORMATION

Phone:+66 52 135 114

Email: contact@thedawnrehab.com

Admissions operating hours:
6.30am-midnight (Thai time)

The Dawn Wellness Centre and Rehab Thailand
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