# Cutting-Edge Technology For Rehab

## TMS Therapy Can Expedite The Treatment Process For Addiction and Mental Health Issues

***The Dawn** is excited to be the only rehab in Asia offering Transcranial Magnetic Stimulation, usually known as TMS.*

TMS is a cutting edge technology that uses magnetic waves to stimulate nerve cells in the brain. It's non-invasive and studies show it helps with depression, anxiety, addiction and PTSD. One of the advantages of TMS is that it does not have the unpleasant side effects – such as weight gain, nausea, sexual problems and insomnia – associated with many depression medications.

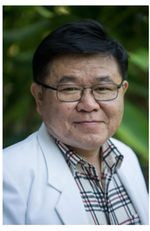
TMS is valuable in addiction treatment as it has been shown to greatly reduce cravings for a wide range of substances, including cocaine, alcohol and nicotine.

During their stay at The Dawn Medical Rehab and Wellness Centre, clients are given the opportunity to undergo TMS treatment either during a medically assisted detox or during their main treatment programme.

*Some of the key benefits from TMS include:*

- Reduction in cravings during the challenging withdrawal stage
- Reduction in the depression which very often accompanies withdrawal
- Improvement in symptoms of depression, anxiety, and PTSD
- Long term benefits - such as the reduction in craving - have been shown to continue after leaving treatment

The majority of people with substance and behavioural addictions also have co-occurring disorders, most commonly depression, anxiety and trauma. Any improvement in symptoms from these conditions is a positive step towards recovery for the addicts in our care. The Dawn is confident this new technology will lead to improved outcomes for our clients.



**Dr. Ngamwong Jarusuraisin**
The Dawn's Psychiatrist and TMS Specialist

- Former full-time psychiatrist at Bangkok Hospital Chiang Mai Branch and former full time psychiatrist at Bangkok Hospital Phuket
- Former Assitant Professor of Psychiatry, Chiang Mai University
- Former Director of Tanyarak Mae Hong Son Hospital (Mae Hong Son Drug Treatment Center)

*Our programme also utilises the following techniques:*

- Cognitive Behavioural Therapy (CBT)
- Mindfulness Based Stress Reduction (MBSR)
- Trauma Releasing Exercises (TRE)
- Eye Movement Desensitisation and Reprocessing (EMDR)
- Meditation with Buddhist monks
- Yoga and fitness activities with a personal trainer
- Spa and massage therapy
- Transcranial Magnetic Stimulation (TMS)

*Luxury Accommodation & World-Class Facilities*

- Luxurious private accommodation with an en-suite bathroom
- A king-size bed with private veranda
- A swimming pool and sauna
- Poolside lounge areas
- DVD and book library
- Hi-speed internet and computer room
- Daily meals prepared by an onsite professional chef

CONTACT US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